



GREATER LANSING

## HYSTEOSALPINGOGRAM

### WHAT IS A HYSTEOSALPINGOGRAM?

A hysterosalpingogram (Hystero) is an exam for the female reproductive system. The main reason for performing this exam is to determine if the tubes from the ovaries to the uterus are open and not blocked. The procedure is performed by a radiologist or your OB/GYN doctor.

PLEASE BRING ANY PREVIOUS X-RAYS RELATED TO YOUR EXAM WITH YOU TO YOUR APPOINTMENT.

### WHAT IS THE PREPARATION FOR A HYSTERO?

A major concern for this exam is to be sure there is no risk that the patient is pregnant. The exam must be performed between 5 and 12 days after the start of the menstrual cycle.

### WHAT WILL HAPPEN ON THE DAY OF THE TEST?

After registration you will be taken to radiology. You will then change into a patient gown. You will be taken to a special x-ray room that has a fluoroscope. This machine allows the radiologist to watch the procedure on the monitor as he is doing it.

The procedure starts much like a pelvic exam. A speculum is placed in the vagina. A small tube is then placed into the cervix. An "x-ray dye" can then be introduced into the uterus and fallopian tubes. At this point you may feel some abdominal cramping. Once the "dye" is in place, the radiologist will take pictures. You may be asked to move from side to side in order to see all sides of the tubes. Once the pictures are complete the instruments are removed and you can sit up. An x-ray film is taken after several minutes to check the drainage of the dye. Following the exam, some spotting may be noticed, this is normal. If an excessive amount is noticed, you should contact your doctor. You should bring a small pad with you on the day of the exam. If you continue to have menstrual type cramps, you may take any pain reliever you normally take.

### HOW WILL I GET MY RESULTS?

The radiologist will provide your doctor with a report in the next few days. Your doctor can then discuss the results with you.

### WHAT IF I HAVE QUESTIONS?

If you have any questions or concerns regarding your procedure, please call us at 975-6382.

### WHAT IF I NEED TO RESCHEDULE MY APPOINTMENT?

If you need to reschedule your appointment, please call our central scheduling office at 975-2695.